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THE HISTORIC KENDAL LOOP

Enjoy exploring Kendal's rich heritage via this loop walk which features the original canal basin, Kendal Museum and famed castle ruins.

Although it's the shortest walk of our loop collection, it's one of the steepest so take your time. This walk begins at Kendal Museum, which is easily accessible by car and public transport.

TRAVEL INFORMATION

Arriving by Bus: The 555 leaves Kendal and Lancaster every hour and stops outside the Longlands Hotel. Visit [Stagecoach](#) for up-to-date timetables and fares.

Arriving by Car: Pay and display parking is operated at Kendal Museum (£2 for three hours or £5 for the full day).

Arriving by Train: Trains run frequently to Kendal, please visit [Trainline](#) for timetables and fares.

Arriving by Bike: This route is not suitable for cycling. Bikes can be stored in the bike rack opposite the entrance to Kendal Museum.

WALK IT! AT A GLANCE



TIME
50 mins



DIFFICULTY
Moderate



DISTANCE
0.4 miles



TERRAIN
Mixed



Please note the map shown is for illustrating the route - for a more accurate map we would recommend using [AllTrails.co.uk](https://www.alltrails.co.uk)

THE HISTORIC KENDAL LOOP ROUTE

Follow the points below and tick them off as you go!

1. Starting at the museum, exit the car park towards The Box and walk past the Castle Diary on your left - one of the oldest buildings in Kendal.

2. Cross the road and walk towards the corner shop. At the shop, turn right on to Ann Street.

3. At the top of Ann Street, turn left on to Castle Street and continue for approx. 140m.

4. Turn right onto Castle Road at the community book box and walk along Castle Road until you reach the entrance to the grounds of Kendal Castle.

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5. Follow the path up the hill towards Kendal Castle. At the top enjoy visiting the ruins of Kendal Castle and the views of Kendal and the surrounding countryside.

6. As the hill is steep take the time to catch your breath and take in the interpretation panels dotted around the ruins.
FUN FACT: Previous owners of Kendal Castle include the family of Catherine Parr, Queen of England 1543 – 1547 (and the last of King Henry VIII's six wives).

7. Exit the castle ruins around the moat past the large iron sculpture—used in 2000 as a millennium flare— and continue walking with the moat on your left.

8. Turn right to leave the path before the steps onto the grassed area towards the sculpture, pass through the sculpture and head down the hill between the trees.

9. When you reach the graveyard turn right along the cemetery wall.

10. At the path junction, take the left-hand path down towards the allotments that run alongside the former canal.

11. Walk through the allotments via the well-defined path to reach a junction with the Towpath Trail.

12. Turn right on to the Towpath Trail, towards the canal bridge. Pass under the bridge and continue on the Towpath Trail for approx. 400m.

13. Leave the Towpath Trail at the recycling centre. You can either explore Canal Head North to your left and/or take care crossing Canal Head Road towards the trees to the left of the Kirkbie Green sign.

14. Take the left-hand side path around the small green area which has been passionately rewilded by the Kirkbie Green Residents Association.



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15. Exit the path and cross Kirkbie Green Road to access Thorney Hills where pedestrian access is permitted in between the green cycling barriers.

16. At the end of Thorney Hill take the right-hand side path around St Georges Church in front of you.

17. Pass the terraces of Castle Crescent before reaching Castle Street and the Deaf Centre on the opposite side of the road.



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18. Turn right onto Castle Street passing the Castle Inn pub on your left.

19. At the junction turn left onto Anne Street to return to the museum and/or train station taking care to cross Wildman Street.

20. For refreshments head to Kendal Town Centre by turning left onto Wildman Street, walking over the river, and continue into the Town Centre by crossing at the pedestrian crossing onto Stramongate.



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**LANCASTER CANAL
TOWPATH TRAIL**

Our funders:



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The Towpath Trail between Kendal and Lancaster is a unique place for walking, cycling, paddling and general rural enjoyment!

The Towpath Trail aspires to be fully accessible, welcoming and enabling all users to enjoy the Towpath Trail between historic Kendal and Lancaster.

Discover more at lancastercanaltowpathtrail.co.uk

